

Super Speed Study Skills

A high-impact, interactive learning experience created to show students how to develop their study skills and adopt positive and effective study habits.

Aligns with Gatsby Benchmark 4



Description

Super Speed Study Skills is an effective, immersive workshop which inspires students to develop metacognition and take control of their studying, which in turn will encourage them to mature into well-developed lifelong learners.

Content

This workshop aligns with Gatsby benchmarks, the 3 I's and NERUPI framework. Some of the content covered in Super Speed Study Skills includes:

- Visualisation & association
- Technique planner
- Revision timetable
- Study time calculator
- Summary poster
- Sticky note summaries
- The Feynman Technique
- The 2 minute rule

For further information about tools and techniques covered, please contact us for an in-depth breakdown.

Aims

- To show students that studying really can be fun
- To raise standards of learning and cognition
- To encourage the adoption of a range of learning techniques

Benefits

Super Speed Study Skills will benefit students by:

- Boosting metacognition
- Increasing motivation
- Providing a comprehensive study booklet
- Delivering a range of tools and techniques to suit left and right brain learners
- Promoting interleaving, spaced repetition and retrieval practice

Logistics & Dynamics

We recommend that students be sat around tables of 6-8 in a venue conducive to learning to receive the full workshop experience, however we are able to deliver bespoke seminars.

This workshop can be delivered in either:

- 2 x 2 hour workshops
- 4 x 1 hour workshops
- 3 x 80 minute workshops

Please note that this workshop is designed to be delivered over the course of 2 hours.

Condensed versions of the workshop are still incredibly effective, but this does mean removing techniques. Students who sit the full 2 hours will leave the workshop with a comprehensive exam toolkit.

Results

Students will leave Super Speed Study Skills feeling empowered, enriched and motivated to advance their learning using the tools and techniques they've learnt.

“We found that the workshop raises the students’ confidence and motivation.”

Teacher



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