

Goal Mapping

Fun, practical, engaging personalised learning

Described as a 'truly universal tool for attainment', this workshop helps students to identify their goals and the routes to achievement. It is equally applicable to all age and ability group.

So far, the workshop has been successfully implemented and adopted by 600 UK schools with measurably improved results.

Description

Goal Mapping can aid transition in Year 7 but can be equally effective in Year 9 when making important GCSE choices or, indeed, in Key Stages 4, 5 and beyond. It teaches a practical and enjoyable method of organising thoughts, identifying ambitions and setting goals that are high enough to excite and realistic enough to achieve.

The course is presented as 2 x 2 hour interactive sessions for up to 100 students per session. Each participant will receive a full set of student resources and both pre, and post course evaluation, will be provided.

Benefits

Learning how to set goals is a vitally important skill allowing students to take immediate ownership of, and to develop a sense of responsibility for, their own future.

They are taught how to organise their thoughts and remove 'glass ceilings' to clearly identify their ambitions. They learn how to break down the route to achievement into bite-size, manageable chunks and to visualize each step on the way. This encourages a 'can-do' attitude and their goal, no matter how big, become achievable steps on the pathway to success.

Visual Goal templates make excellent review material and afford the opportunity for teachers to build a meaningful relationship with their students as they jointly chart the progress to personal success.

Content

Described as a 'truly universal tool for attainment' this workshop is equally suitable for all ages and abilities. The course content and the language/approach used is adapted to suit the students.

Students learn how to identify helpful targets and ambitions (goals) in the school environment and beyond and are taught simple, creative techniques to break these goals into manageable, measurable, achievable steps.

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Aims

To empower young people to take personal responsibility.

To boost individual motivation - identifies, 'what's in it for me!'

To enable young people to gain greater clarity, direction & focus.

To build self-belief and self-confidence.

To encourage positive action.

Results

Creates a vision for future success.

Installs a positive attitude, leading to improved behaviour.

Provides skills for lifelong success.

Provides effective tools to create positive solutions.

Focuses on 'what you want' – not, 'what you fear'.

Promotes personal growth.

Unleashes your students' full potential.

"An inspirational well-planned course which presents lots of new ideas."

Teacher



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